November Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Bagel w/ Cream Cheese Honey Bunches of Oats Cereal w/ Honey Grahams Apple Hand Pie	Conchita w/ String Cheese Cinnamon Chex Cereal w/ Honey Grahams Egg, Cheese & Green Salsa Breakfast Burrito	Banana Muffin Cocoa Orbits Bites (Chocolate Puffed Cereal) Mini Strawberry Pancakes	Berry Apple Zee Zee Bar Cheerios Cereal w/ Honey Grahams Beef Sausage & Cheese English Muffin Sandwich	Strawberry Yogurt Parfait w/ Cinnamon Granola CinniPuffs (Maple Cinnamon Puffed Cereal) Waffle
9	10	11	12	13
French Toast Sticks Cinnamon Roll Cinnamon Chex Cereal w/ Honey Grahams	Yogurt w/ String Cheese CinniPuffs (Maple Cinnamon Puffed Cereal) Mini Maple Pancakes		Yogurt w/ Honey Grahams Cocoa Orbits Bites (Chocolate Puffed Cereal) Sausage & Cheese Stuffed Waffle	Blueberry Muffin Cheerios Cereal w/ Honey Grahams Mini Strawberry Pancakes
16	17	18	19	20
Cinnamon Crumble Cheerios Cereal w/ Honey Grahams Waffle	Bagel w/ Seedbutter Cocoa Orbits Bites (Chocolate Puffed Cereal) Beef Sausage & Cheese Croissant Sandwich	Croissant w/ Grape Jelly Honey Bunches of Oats Cereal w/ Honey Grahams French Toast Sticks	Chocolate Chip Muffin Top CinniPuffs (Maple Cinnamon Puffed Cereal)	Yogurt w/ Honey Grahams Cinnamon Chex Cereal w/ Honey Grahams Mini Maple Pancakes
23	24	25	26	27
30				
Shelf Stable - Berry Apple Crisp Bar, Applesauce, Dried Cranberries, & Milk Shelf Stable Cheerios Cereal, Honey Grahams, Applesauce, Dried Cranberries & Milk				

Breakfast Includes:	***Featured Fruit:***	***RevUp Rewards:***
Choice of 1% Low Fat White or Fat Free White Milk Fruit of the Day Vegetarian *Cereal Served w/ Honey Grahams *All Grains Are Whole Grain Rich	Apple (1/2 C),Pear (1/2 C),100% Fruit Juice 4 oz,Apple Slices (1/2 C),Banana (1/2 C),Orange (1/2 C)	Scan Our QR Code Daily Complete the Survey **You're Entered to Win!** Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards

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SOCAL Breakfast SBP

November Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Bean & Cheese Burrito w/ Corn Tajin Orange Chicken with Brown Rice, Peas, and Goldfish Grahams Wowbutter & Jelly Sandwich w/ Tajin Corn	Parm Pizza Bites w/ Marinara Dipping Sauce Pineapple Teriyaki Chicken w/ Rice & Diced Carrots Italian Turkey Trio on Hoagie w/ Baby Carrots	Chicken Dumplings w/ Mixed Veggies Mac & Cheese w/ Mixed Vegetables Sesame Beef Bowl w/ Broccoli	BBQ Chicken w/ Baked Beans & Dinner Roll Bean & Cheese Pupusa w/ Pinto Beans Egg Salad Sandwich w/ Churro Fava Beans	Cheese Pizza Pepperoni Pizza Chicken Caesar Salad with Dinner Roll & Croutons
9	10	11	12	13
Cheeseburger w/ Oven Baked Fries Beef & Cheese Taco Stick w/ Corn Tajin Turkey & Cheese Sub Sandwich w/ Tajin Corn	Penne & Meat Sauce Bean & Cheese Burrito w/ Baby Carrots Cheese Pizza Kit		Cheese Tamale w/ Black Beans Turkey Nachos w/ Refried Beans & Tortilla Chips Southwest Chicken Salad w/ WG Dinner Roll	Cheese Pizza Pepperoni Pizza Turkey & Gravy w/ Mashed Potatoes & Dinner Roll
16	17	18	19	20
Chicken Bites w/ Mashed Potatoes Soy Veggie Burger w/ Potato Wedges Turkey & Cheese Sandwich on Pretzel Bun w/ Tajin Corn	Beef & Cheese Taco Stick w/ Baby Carrots Cheese Lasagna w/ Marinara & Graham Crackers Chicken Salad Sandwich w/ Baby Carrots	Chicken Teriyaki w/ Not So Fried Rice & Diced Carrot Chicken Alfredo Pasta w/ Peas Cheese Pizza Kit	Grilled Cheese Sandwich w/ Roasted Fava Beans Chicken Tamale w/ Pinto Beans Turkey & Cheese Sandwich w/ Roasted Fava Beans	Cheese Pizza Pepperoni Pizza Crispy Chicken Sandwich
23	24	25	26	27
30				
Shelf Stable Kit - Seedbutter, Cheese, Wheat Cracker, Graham Cracker, Applesauce, Fava Beans & Roasted Chickpeas				

Lunch Includes:	*Veg of the Day:*	*Featured Fruit:*	*RevUp Rewards:*
Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance *All Grains Are Whole Grain Rich	Monday:Baby Carrots (1/4 C) Tuesday:Celery Sticks (1/4 C) Wednesday:Cucumber Slices (1/4 C) w/ Tajin Thursday:Jicama Slices (1/4 C) Friday:Side Salad - Lettuce, Carrot, Tomato w/Ranch (0.75 C)	Banana (1/2 C),Apple (1/2 C),Mandarin Orange (1/2 C),Orange (1/2 C),Berry Mixed Cup (1/2 C)	Scan Our QR Code Daily Complete the Survey **You're Entered to Win!** Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards

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SOCAL Lunch NSLP K-8

November Snack

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Cheese Stick	Ranch Crackers	Honey Graham Crackers	Goldfish Pretzels	Educational Snacks
9	10	11	12	13
BBQ Poptillas	Giant Cinnamon Grahams		Wheat Crackers	Goldfish Cheddar
16	17	18	19	20
Honey Graham Crackers	Churro Poptillas	Pizza Crackers	Cheese Puffs	Sunflower Seeds
23	24	25	26	27
30				
BBQ Poptillas				

Snack Includes:

All snacks meet 1oz eq Whole Grain, 1 oz eq M/MA, 3/4 C Fruit, and/or 3/4 C Vegetable
Fruit Rotation: Apple (3/4 Cup),100% Fruit Juice 6 oz,Pear (3/4 Cup),Orange (3/4 Cup)
*All fruits meet 3/4 cup equivalent
*All Grains Are Whole Grain Rich

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SOCAL Snack NSLP

November Extras

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Ketchup Packets (CS/1000ct) Mayonnaise Packets (CS/200ct) Big Boat (Large Nested Carry Tray) (CS/500ct) Spork with Napkin Kit (CS/1000ct)		Syrup Packets (CS/100ct) Big Boat (Large Nested Carry Tray) (CS/500ct) Spork with Napkin Kit (CS/1000ct)		Hot Sauce Packets (CS/200ct) Big Boat (Large Nested Carry Tray) (CS/500ct) Spork with Napkin Kit (CS/1000ct)
9	10	11	12	13
Hot Sauce Packets (CS/200ct) Ketchup Packets (CS/1000ct) Mustard Packets (CS/500ct) Mayonnaise Packets (CS/200ct) Syrup Packets (CS/100ct)				Hot Sauce Packets (CS/200ct) Ketchup Packets (CS/1000ct) Mustard Packets (CS/500ct) Mayonnaise Packets (CS/200ct) Big Boat (Large Nested Carry Tray) (CS/500ct) Spork with Napkin Kit (CS/1000ct)
16	17	18	19	20
Big Boat (Large Nested Carry Tray) (CS/500ct) Spork with Napkin Kit (CS/1000ct)		Big Boat (Large Nested Carry Tray) (CS/500ct) Spork with Napkin Kit (CS/1000ct) Ketchup Packets (CS/1000ct)		Hot Sauce Packets (CS/200ct) Big Boat (Large Nested Carry Tray) (CS/500ct) Spork with Napkin Kit (CS/1000ct)
23	24	25	26	27
30				
Hot Sauce Packets (CS/200ct) Ketchup Packets (CS/1000ct) Mayonnaise Packets (CS/200ct) Big Boat (Large Nested Carry Tray) (CS/500ct) Spork with Napkin Kit (CS/1000ct)				

Extras Includes:	*Featured Fruit:*	*RevUp Rewards:*
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SOCAL Extras