November Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Honey Bunches of Oats Cereal w/ Honey Grahams Apple Hand Pie	Conchita w/ String Cheese Egg, Cheese & Green Salsa Breakfast Burrito	Banana Muffin Mini Strawberry Pancakes	Cheerios Cereal w/ Honey Grahams Beef Sausage & Cheese English Muffin Sandwich	Strawberry Yogurt Parfait w/ Cinnamon Granola Waffle
9	10	11	12	13
French Toast Sticks Cinnamon Roll	Yogurt w/ String Cheese Mini Maple Pancakes		Yogurt w/ Honey Grahams Sausage & Cheese Stuffed Waffle	Blueberry Muffin Mini Strawberry Pancakes
16	17	18	19	20
Cinnamon Crumble Waffle	Bagel w/ Seedbutter Beef Sausage & Cheese Croissant Sandwich	Croissant w/ Grape Jelly French Toast Sticks	Chocolate Chip Muffin Top CinniPuffs (Maple Cinnamon Puffed Cereal)	Yogurt w/ Honey Grahams Mini Maple Pancakes
23	24	25	26	27
30				

Breakfast Includes:	***Featured Fruit:***	***RevUp Rewards:***
Choice of 1% Low Fat White or Fat Free White Milk Fruit of the Day Vegetarian *Cereal Served w/ Honey Grahams *All Grains Are Whole Grain Rich	Apple (1/2 C),Pear (1/2 C),100% Fruit Juice 4 oz,Apple Slices (1/2 C),Banana (1/2 C),Orange (1/2 C)	Scan Our QR Code Daily Complete the Survey **You're Entered to Win!** Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards

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SOCAL Breakfast SBP

November Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Bean & Cheese Burrito w/ Corn Tajin Orange Chicken with Brown Rice, Peas, and Goldfish Grahams Mantecada Muffin w/ Yogurt & String Cheese & Tajin Corn	Parm Pizza Bites w/ Marinara Dipping Sauce Pineapple Teriyaki Chicken w/ Rice & Diced Carrots Italian Turkey Trio on Hoagie w/ Baby Carrots	Chicken Dumplings w/ Mixed Veggies Mac & Cheese w/ Mixed Vegetables Sesame Beef Bowl w/ Broccoli	BBQ Chicken w/ Baked Beans & Dinner Roll Bean & Cheese Pupusa w/ Pinto Beans Turkey & Cheese Sandwich w/ Roasted Fava Beans	Cheese Pizza Pepperoni Pizza Chicken Caesar Salad with Dinner Roll & Croutons
9	10	11	12	13
Cheeseburger w/ Oven Baked Fries Beef & Cheese Taco Stick w/ Corn Tajin Turkey & Cheese Sub Sandwich w/ Tajin Corn	Penne & Meat Sauce Bean & Cheese Burrito w/ Baby Carrots Cheese Pizza Kit		Cheese Tamale w/ Black Beans Turkey Nachos w/ Refried Beans & Tortilla Chips Southwest Chicken Salad w/ WG Dinner Roll	Cheese Pizza Pepperoni Pizza Turkey & Gravy w/ Mashed Potatoes & Dinner Roll
16	17	18	19	20
Chicken Bites w/ Mashed Potatoes Soy Veggie Burger w/ Potato Wedges Turkey & Cheese Sandwich on Pretzel Bun w/ Tajin Corn	Beef & Cheese Taco Stick w/ Baby Carrots Cheese Lasagna w/ Marinara & Graham Crackers Chicken Salad Sandwich w/ Baby Carrots	Bean & Cheese Pupusa w/ Curtido Salad Chicken Alfredo Pasta w/ Peas Cheese Pizza Kit	Grilled Cheese Sandwich w/ Roasted Fava Beans Chicken Tamale w/ Pinto Beans Veggie Chef Salad w/ Egg, Dinner Roll & Ranch	Cheese Pizza Pepperoni Pizza Crispy Chicken Sandwich
23	24	25	26	27
30				
Shelf Stable Kit - Seedbutter, Cheese, Wheat Cracker, Graham Cracker, Applesauce, Fava Beans & Roasted Chickpeas				

Lunch Includes:	*Veg of the Day:*	*Featured Fruit:*	*RevUp Rewards:*
Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance *All Grains Are Whole Grain Rich	Monday:Baby Carrots (1/4 C) Tuesday:Celery Sticks (1/4 C) Wednesday:Cucumber Slices (1/4 C) w/ Tajin Thursday:Jicama Slices (1/4 C) Friday:Side Salad - Lettuce, Carrot, Tomato w/Ranch (0.75 C)	100% Fruit Juice 4 oz,Banana (1/2 C),Apple (1/2 C),Mandarin Orange (1/2 C),Orange (1/2 C),Berry Mixed Cup (1/2 C)	Scan Our QR Code Daily Complete the Survey **You're Entered to Win!** Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards

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SOCAL Lunch NSLP K-8

November Snack

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Cheese Stick	Ranch Crackers	Honey Graham Crackers	Goldfish Pretzels	Educational Snacks
9	10	11	12	13
BBQ Poptillas	Giant Cinnamon Grahams		Wheat Crackers	Goldfish Cheddar
16	17	18	19	20
Honey Graham Crackers	Churro Poptillas	Pizza Crackers	Cheese Puffs	Sunflower Seeds
23	24	25	26	27
30				
BBQ Poptillas				

Snack Includes:

All snacks meet 1oz eq Whole Grain, 1 oz eq M/MA, 3/4 C Fruit, and/or 3/4 C Vegetable
Fruit Rotation: Apple (3/4 Cup),100% Fruit Juice 6 oz,Pear (3/4 Cup),Orange (3/4 Cup)
*All fruits meet 3/4 cup equivalent
*All Grains Are Whole Grain Rich

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SOCAL Snack NSLP

November Extras

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Ketchup Packets (CS/1000ct) Spork with Napkin Kit (CS/1000ct)				Spork with Napkin Kit (CS/1000ct)
9	10	11	12	13
Syrup Packets (CS/100ct) Spork with Napkin Kit (CS/1000ct)				Mayonnaise Packets (CS/200ct)
16	17	18	19	20
				Spork with Napkin Kit (CS/1000ct)
23	24	25	26	27
30				

Extras Includes:	*Featured Fruit:*	*RevUp Rewards:*
		Scan Our QR Code Daily Complete the Survey **You're Entered to Win!** Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards

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SOCAL Extras